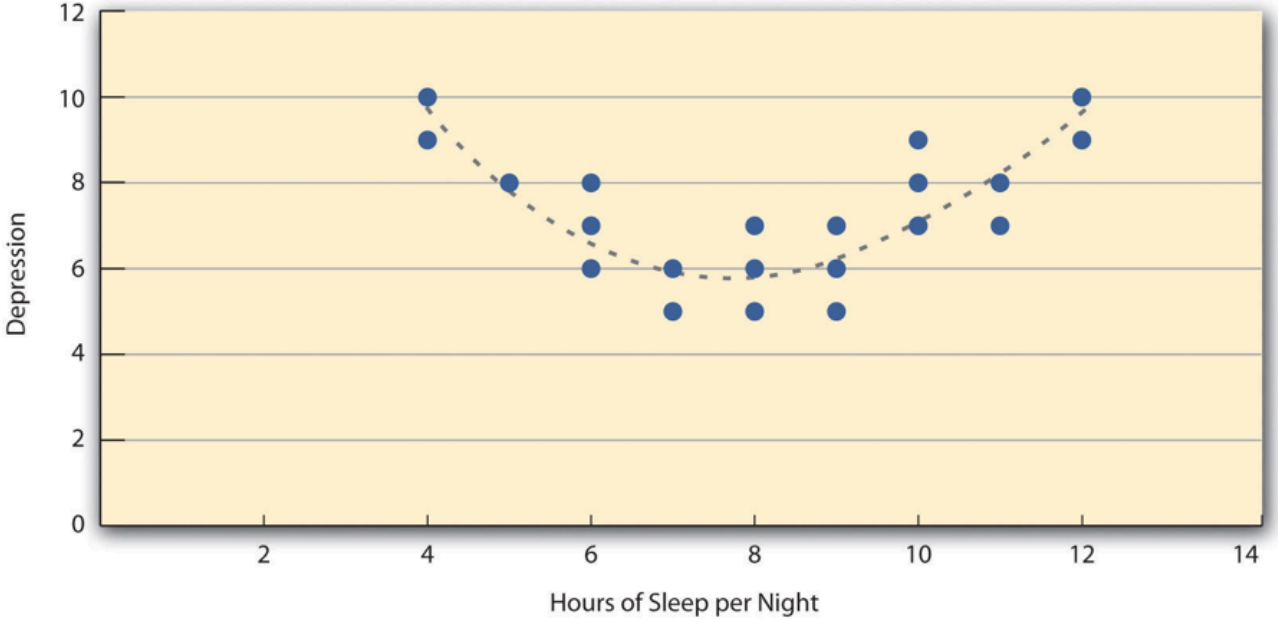
Depression
12
10
8
6
4
2
0
2
4
6
8
10
12
14
Hours of Sleep per Night