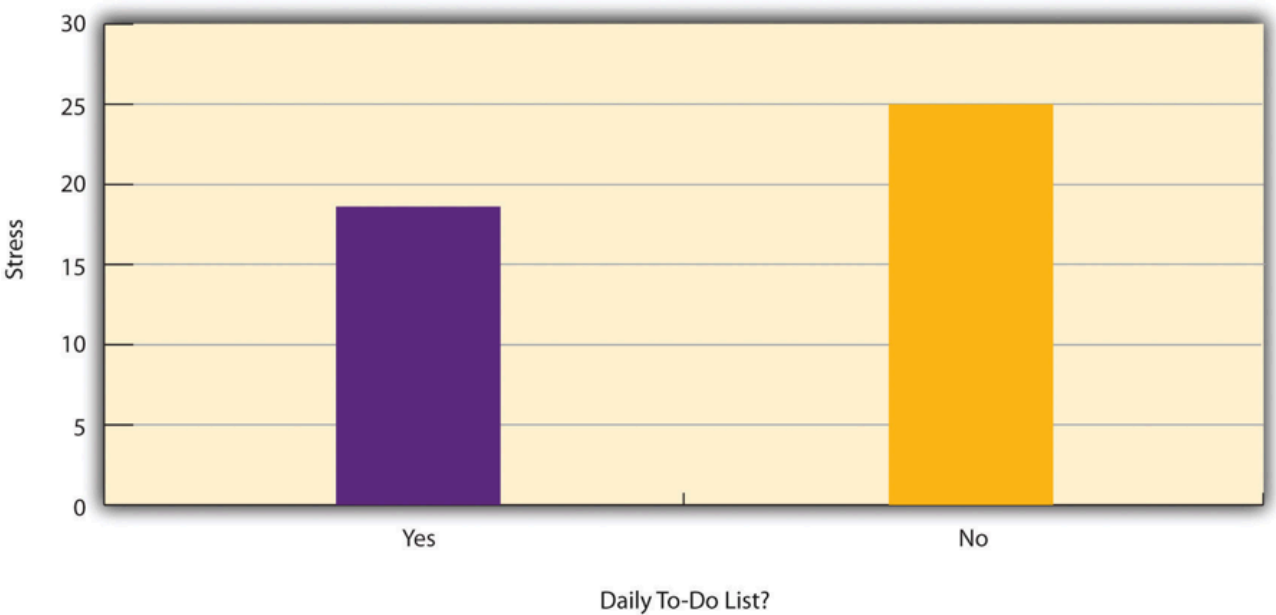
30
25
20
15
10
5
0
Stress
Yes
No
Daily To-Do List?